

P R O

**REDEFINE™  
MEAT**

## NEW-MEAT\* COOKING GUIDE

# REDEFINE SAUSAGE



### GENERAL GUIDELINES

#### Handling:

- This product is only suitable for consumption after cooking. Follow the suggested preparation method.
- Do not eat or serve raw.

#### Freezing/Defrosting:

- Prepare this product when frozen. There is no need to defrost.
- Use immediately after removing the product from the freezer for preparation. **DO NOT REFREEZE!**

#### Storage:

- Keep frozen at or below (-18°C) before use.

#### Serve:

- For best results serve hot.

#### Note:

- For the most up to date product information including ingredients and allergens, please refer to the printed material on the packaging.

### PREPARATION

Remove the product from the freezer.



#### IN A SAUTÉ OR FRYING PAN:

1. Heat 2 tablespoons of oil in a sauté/frying pan over medium heat.
2. Place the Redefine sausages in the heated pan and cook for 8 minutes on a side, turning to ensure that the sausages brown and are cooked through.
3. When cooked the measured internal temperature at the center of a sausage should read 72°C.



#### GRILLING:

1. Heat a grill to high.
2. Place the sausages on the heated grill and cook for 9 minutes, making sure to turn the sausages several times.
3. When ready, the sausages will be nicely browned and the measured internal temperature at the center of a sausage should read 72°C.



\* Redefine Meat™ products are plant-based, made with non-GMO ingredients and do not contain any animal-based ingredients or by-products.



## SERVING RECOMMENDATIONS



Redefine sausage wrapped in Puffed pastry.



Spicy Redefine Merguez Sausage Skewers



Redefine Merguez in a Bun

Visit our [recipe page](#) for inspiration and share your creations with us on social media [@redefinemeat](#)

## TIPS

- You may cover the sausages while preparing them in a pan or on a grill, to reduce splatter.
- Continuously flipping the sausages while cooking will achieve an evenly cooked, juicy result, every time.
- Recommended searing time from defrosted is 5 minutes over medium heat.
- If deep frying, fry for 4 minutes at 180°C.
- Remember success in the kitchen, to paraphrase Thomas Edison, is “1% inspiration and 99% perspiration”. Be creative!

## FIND INSPIRATION FROM OUR PARTNERS



Hawaiian SCHNITT «Redefine» Hot Dog



Redefine Merguez Sausage

For more information, contact your REDEFINE MEAT™ sales rep or drop us a line at [partners@redefinemeat.com](mailto:partners@redefinemeat.com)



Watch Video:  
HOW TO COOK?  
[www.redefinemeat.com](http://www.redefinemeat.com)

\* Does not contain animal-based ingredients

